

Synergy

WWW.SCELIFEWORKS.MB.CA



In this issue

COVER STORY

With his trademark sense of humor and engaging smile Paul Redmond gets the job done.



Paul Redmond has been supported by SCE LifeWorks Individualized Support Services since June of 2004.

Paul is a student in the Campus Life Program at the University of Manitoba. Campus Life is a program that enables Paul to be assisted by a tutor after class.

In addition to university classes, Paul is employed by the Digital Copy Centre, a position he has held since May 2007. Sheila Ross-Campbell, the Centre's Manager, is pleased with the work Paul performs.

"We were approached by a program for Campus Life to see what type of work best

served Paul," says Ross-Campbell. "We decided Paul could perform on campus delivery duties with staff. Paul picks up a parcel, carries it to the address specified on the label, collects signatures in a special book, and returns and it's worked out well ever since. Some deliveries are more difficult than others for Paul, as some areas on campus are inaccessible," Ross-Campbell says.

The University of Manitoba Disability Services Office worked with Paul one summer to map out the accessibility of the tunnels and hallways on campus. "After completing this project, it's safe to say that Paul really knows his way around campus," says Ross-Campbell. "As a result, he's able to excel in making deliveries."

Donna-Jean Krahn, one of Paul's Individualized Support workers two days per week, assists him in facilitating his work at the University. "I love working with Paul at the University of Manitoba every Tuesday and Thursday," says Donna-Jean. "He is a complete joy to be with. While Paul is at the copy centre I help facilitate his work by assisting him with his switch, using hand over hand technique.

If Paul has his Dynavox computer at school, it is much better because once I calibrate it to his eyes, he is able to navigate to his work page and speak for himself."

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During summer break, Paul volunteers his time at the Mini University Program (Mini U) at University of Manitoba. He and staff take pictures of activities convening during the numerous children's programs taking place over the course of Mini U. The staff then selects the best photos for promotional use.

When Paul isn't busy working or studying, he devotes his time to giving back to the community. He volunteers at Winnipeg Harvest where he sorts donated goods. He also volunteers at the Rehabilitation Centre for Children (RCC).

"At RCC there are many items requiring lamination, such as posters or learning aids," says Donovan Kroeker, Paul's Individualized Support staff, Monday, Wednesday, and Friday. "Paul is able to cut out the items that have been laminated with assistance from a tool created by the RCC. This tool was created to make options accessible for everyone."

Paul sets the switch on his lap and presses the button with his hand. Whenever he pushes the button, it provides power to electric scissors that are used to cut the laminated sheet. "The button is hooked up to a timer that supplies power for one minute, following which the button needs to be pressed again," explains Kroeker. "Paul likes to tease me. Sometimes he refrains from pressing the button when he is supposed to, gives me this sly grin then looks at me and laughs."

Donovan and Donna-Jean both enjoy the positive working relationships that they have

built together with Paul. Paul appreciates the chance to connect not just with Donovan and Donna-Jean, but with those he meets in the community.

"Wherever we go, Paul really wants to interact, talk and just brighten people's day," says Kroeker. "He wants to say hello to everyone he meets and brings a positive attitude wherever he goes. He has this idea that he wants to be friends with everybody. Getting Paul to laugh any way that I can is the highlight of my day."

Part of what makes Paul so unique is his method of communication. "He clearly communicates; while he doesn't use words he does have the assistance of adaptive equipment to express himself and interact with his peers," says Dana Thiessen, Coordinator, Individualized Support Services, SCE LifeWorks.

"Paul communicates with his facial expression and body language," adds Kroeker. "He has a beautiful smile and can communicate with his eyes. He has the ability to see everyone in the room, acknowledge their presence and communicate his intention to interact with them. Paul's smile is so bright that when you walk into the room you notice him," Thiessen adds.

When not working or attending classes, Paul enjoys spending time with his family out on the lake in Gimli, congregating with his future roommates and Nintendo Wii. 🎮

"His smile is so bright that when you walk into the room, you notice him," says Dana Thiessen, Coordinator, Individualized Support Services, SCE LifeWorks.

The University of Manitoba's Campus Life Program

The University of Manitoba's Campus Life Program supports intellectually disabled students' efforts to enjoy and participate in University Campus life.

The program provides an opportunity for students to engage in lifelong learning, advancement and to select classes that allow them to focus and be successful.

The University of Manitoba Disability Services Office worked with Paul one summer to map out the accessibility of the tunnels and hallways on campus. "After completing this project, it's safe to say that Paul really knows his way around campus," says Ross-Campbell. "As a result, he's able to excel in making deliveries."

Coming soon...



Project | SEARCH

During the 2011-12 school year, SCE LifeWorks will be the lead partner in an exciting and innovative transition program for high school students labelled with an intellectual/developmental disability.

The program is called 'Project SEARCH'. As we get closer to the launch date of Project SEARCH, we will share more detailed information with you. SCE LifeWorks wishes to acknowledge and thank The Winnipeg Foundation for its generous support of this exciting endeavour.

To learn more about this initiative, contact Oly Backstrom at (204) 775-9402. 📞



What can we do in 90 hours?

April 18th (6:00am) to April 21st (midnight)

To celebrate its 90th anniversary, The Winnipeg Foundation is hosting an online 90-Hour Giving Challenge, an opportunity to help grow Agency Endowment funds, like the one that benefits SCE LifeWorks.

Based on how much you give online between 6:00am April 18 and midnight April 21, The Winnipeg Foundation also makes a gift to SCE LifeWorks, helping ensure our long-term success and stability.

Visit www.wpgfdn.org for details or to make a gift to our fund.

90 hours to give... impact that lasts forever. 🌱

What is the SCE LifeWorks Endowment Fund?

SCE LifeWorks Endowment Fund is managed by The Winnipeg Foundation. Endowment funds are established so that the 'principal' of the fund will continue to grow (as long as there are individuals and organizations contributing to it). The 'interest' generated from the fund is used as the revenue source; the 'principal' is never itself used as revenue, since it is the revenue generator.

Why is a contribution to the SCE LifeWorks Endowment Fund a "gift that keeps on giving"?

Your contribution to the SCE LifeWorks Endowment Fund becomes part of the 'principal' so it will generate 'interest' for as long as the Fund and SCE LifeWorks exist (we intend that to be a very long time!).

Why is this timeline important?

- From 6:00am April 18 to midnight April 21 all gifts made online to SCE LifeWorks will be matched by the Winnipeg Foundation, based on a formula that considers the number of gifts and the total dollar amount of the gifts.

Remember

- Between 6:00am, April 18 and Midnight, April 21, 2011, go to www.wpgfdn.org then navigate to the SCE LifeWorks Endowment Fund page.

Why is The SCE LifeWorks' Endowment Fund important?

It is important as it is the one way that SCE LifeWorks, as an organization, can develop a revenue source that is dependable, and not subject to variables such as shifting government priorities or fundraising trends. 🌱

2011–2012 Board of Directors

SCE LifeWorks would like to take this opportunity to express our sincere appreciation to our Board of Directors for their tireless advocacy, promotion and support of SCE LifeWorks in the community.

John Lehr
Ken Friesen
Brian Ormonde
Joseph Mullally
Glenda Gray

Michelle Walker
Kim Lanyon
Alissa Brandt
Judy Redmond

Help SCE LifeWorks by purchasing Sobeys' Gift Cards

Did you know that when you purchase Sobeys gift cards from SCE LifeWorks, Sobeys donates nine percent of the purchase price directly back to SCE LifeWorks?

Cards are available in denominations of \$25, \$50 and \$100 and are a great gift idea.

It's easy to order Sobeys' Gift Cards anytime throughout the year.

You can order by phone by calling Heather at 775-9402 ext. 215 or by email: hmonette@lifeworks.mb.ca. Payment can be made by Visa, MasterCard or cheque.

Sobeys' Gift Cards are also honoured at Price Chopper and IGA.



Families Make a Difference

The Friesen Family

SCE LifeWorks would not be the organization that it is without the significant contributions that many families make to the organization. We have featured, in the past, many different ways that various families have found to support SCE LifeWorks.

Ken and Eleanor Friesen have been exceptional supports for our organization, for a number of years, and in a number of ways. SCE LifeWorks has provided support to their daughter, Kailee, for just over ten years. Kailee has been employed at 17 Wing Air Force Base for over nine of those years, and is a SCE LifeWorks Personal Achievement Award recipient.

Eleanor explains that "when Kailee came to SCE LifeWorks, the staff was able to quickly find her a work experience placement and provide her with the necessary supports. After a year in the second placement, Kailee was hired as a full time employee with a good salary and benefits. We are very thankful for this and are happy to give our support to the organization."

Ken Friesen has been on the SCE LifeWorks Board of Directors since 2005 (his second consecutive term will be ending this year). Ken has offered his experience, wisdom and practical knowledge in his capacity as Board Director, and has served as Vice Chairperson for a number of years as well.

Eleanor has been actively engaged on our Golden Plate Gala committee since 2007. She has provided great insights and wisdom as a Gala Committee member, but that is not all the Friesens have done on the Gala front. Ken and Eleanor, over the last number of years, have cast the net out far and wide in both their social and professional networks, and have been responsible for sales of many gala tickets, and the filling of many gala tables.

A little known fact is that the Directors of the Board have made donations to support the SCE LifeWorks staff winter party over the last number of years, and Ken has been very generous in this regard. Ken explains that "because we care about our daughter's future and the future of other adults like her, we feel it is important to give back to this wonderful organization."

SCE LifeWorks thanks Ken and Eleanor Friesen for the many, varied and very significant ways that they have found to support SCE LifeWorks! 🙏

2010 SCE LifeWorks Snowflake Soirée a hit!

SCE Lifeworks celebrated a successful year end party in the 2010 Snow Flake Soirée, held on December 3, 2010 at the Crescentwood Community Centre. Attendees included SCE LifeWorks staff, participants and their families.

The music of 'Oh So Popular' provided the backdrop for an evening of fun and socializing. This annual gathering is a great opportunity SCE LifeWorks staff,



participants, their friends and family to celebrate the holiday season. A special

thank you to all family members and staff who selflessly volunteered their time to ensure the evening's success. Without you, it would not have been possible.

We look forward to hosting another year end event, in 2011. Details will be posted on our website at www.lifeworks.mb.ca in the fall. 🙏

Supported Retirement Services

What is supported retirement?

Retirement Services Initiated

SCE LifeWorks is excited to initiate retirement services for four individuals who have been supported by our organization for many years. As SCE LifeWorks has grown older, a funny thing has happened—the people we support have grown older as well! As an organization that has supported many people with their employment over the years, we have realized that there is, and will be, a growing demand to support individuals who are transitioning into an exciting and fruitful time of life 'post-work'.

In October, 2010, SCE LifeWorks initiated these services, coordinated by Angie Dickson. Over the last few months, these individuals have had the chance to engage in the community, try a few different activities with a few different people, and make some choices based on experiences. It has

been both an exciting and challenging time (in terms of ensuring that resources are available to provide the person centred supports we have a vision for), but the retirees we support have expressed enthusiasm with regard to this next chapter of life.

"We want to support people with typical activities in inclusive settings in the community," says Oly Backstrom, President & CEO of SCE LifeWorks. "We also want to find ways to build community connectedness for individuals, so we are excited to have the opportunity to initiate this new service area for the recent retirees we support."

Congratulations to our retirees, Angie, and the entire Retirement Services Team for initiating this exciting new endeavour! 🎉

In Memoriam

We fondly remember two supported individuals of the SCE LifeWorks family who are no longer with us. Your memory lives on.



Katherine Dumka
(June 23rd, 2010)



Vicky Prescott
(November 12, 2008)

Our website is evolving — have you seen it lately?

SCE LifeWorks is proud to present our new and improved website www.lifeworks.mb.ca.

Why?

An effective website is crucial to promoting any business or organization and SCE LifeWorks is no exception. In this technology age, we want to be as current as possible in providing information about our organization, its stakeholders and services. Our improved website contains information that is relevant to anyone visiting us on the web.

Our new look and feel

We have reformatted our website to accommodate visitors in finding information quickly and easily. Knowing that many

viewing our site may have not yet engaged us, we want to solicit the attention of potential partners. We hope our new and improved website will assist all our stakeholders in learning who we are and what we do, quickly and easily. Our website content will be evolving, including event updates and new content throughout the year. Enjoy our new virtual home—we hope you will visit us often!

Social networking anyone?

SCE LifeWorks is on Facebook

SCE LifeWorks is a part of the Facebook family. We invite you to join us on Facebook and encourage others to do the same. Join us and talk it up! We'll see you there on www.facebook.com/SCELifeWorks. 🎉

Save the Date

2011 SCE LifeWorks Annual General Meeting (see enclosed notice)

Thursday, June 16th, 2011

The Viscount Gort Hotel,

7:00pm

RSVP: Heather, Tel. (204) 775-9402, ext. 215 or email:

hmonette@lifeworks.mb.ca

Winnipeg Goldeyes Baseball Game (All Participants, Families and Staff)

Monday, May 9th, 2011

Shaw Park (formerly CanWest Global Park)

1 Portage Avenue, E.

(2 blocks East of Portage Avenue)

7:00 P.M.

TICKET PRICE: \$12.00

RSVP: Heather, Tel. (204) 775-9402, ext. 215 or email:

hmonette@lifeworks.mb.ca

12th Annual Golden Plate Gala

Friday, November 4th, 2011

The Fairmont Winnipeg (Ballroom)

OTHER DETAILS: T.B.A.

Thank you to our 11th Annual Golden Plate Gala Sponsors and Volunteers

October 22nd, 2010 was a night of celebration and recognition at SCE Lifeworks 11th Annual Golden Plate Gala, at The Fairmont Winnipeg.

In addition to awards of recognition, a silent auction and fine dining, guests enjoyed our celebrity emcee for the evening, CBC Radio Morning Host, Marcy Markusa. Attendees then danced the night away to the great sounds of the Danny Kramer Band. Throughout the evening, guests had the opportunity to place bids or purchase tickets for a bevy of great prizes. The evening was a tremendous success and we would like to thank all of the attendees, donors, generous sponsors, and volunteers whose contributions made this event possible! 🎉

THANK YOU TO OUR SPONSORS

Platinum

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Randy Nelson,
Printcrafters Inc.
Christine Pitre, Designs that fly

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Tallieu Construction
Del Halliday Certified
Accountant

Media Sponsors

Canadian Traffic Network
Hot 103
QX 104

IN APPRECIATION...

A special heartfelt thank you to our 11th Annual Golden Plate Gala Planning Committee

Fiona Odlum
Donna Aitchison
Eleanor Friesen
Arron Northwood
Gwenda Templeton
Tracey Vincent

...and all our volunteers (families, staff and friends) who selflessly gave their time to assist with registration, ticket sales and ensuring that a good time was had by all! It is because of all of you that our 11th Annual Golden Plate Gala was a success.

Meet Leslie Massan ...SCE LifeWorks' 2010 Personal Achievement Award Recipient

Each year, SCE LifeWorks recognizes the success stories of both the people supported through our agency, as well as employers who have enthusiastically welcomed supported individuals into their workplaces with full team inclusion. Both participants and employers are nominated by staff members at SCE LifeWorks for a 'Personal Achievement Award' and an 'Employer of the Year' Award.

The winner of SCE LifeWorks 2010 Personal Achievement Award was Leslie Massan. Leslie received his award at a formal ceremony held during our SCE LifeWorks' 11th Annual Golden Plate Gala dinner, held October 22nd, 2010 at The Fairmont Winnipeg.

The many successes that Leslie attained throughout 2010 made him a worthy candidate. Not only did Leslie demonstrate success, he also overcame barriers. Supported by SCE LifeWorks since 2006, Leslie initially worked semi-independently

in an environment with an intermittent job coach. Over the past four years, he has worked hard to develop a strong work ethic, to adapt to the expectations of his employers and to continue developing his social skills to support his success as an employee.

In addition, Leslie worked through his shyness, developing increased confidence and an ability to interact appropriately with his co-workers.

Over time, Leslie assumed a more independent work experience in the community, improving his work ethic significantly during this time. Meeting and overcoming challenges along the way, including moving to a new place of residence, he began a new work experience at Seine River Retirement Residence. This new venue afforded Leslie the opportunity to prove himself as a hard worker, worthy of earning a competitive wage as a dishwasher.



By all accounts, Leslie showed determination and a strong work ethic, taking on additional tasks willingly, working through breaks, and working after hours, to ensure his work was completed. He has grown and matured over the last four years. In spite of the fact that kitchens can be challenging environments, with strict deadlines and high expectations, Leslie's hard work did not go unnoticed, resulting in him securing the daytime dishwasher position.

SCE LIFEWORKS is proud of your hard work and perseverance, Leslie—congratulations on achieving this milestone! 🎉

2010 Employer of the Year

This year SCE LifeWorks was pleased to recognize two Employer organizations for the SCE LifeWorks' Employer of the Year Award.

Recipient—Heritage Park Children's Programs

Heritage Park Children's Programs (Jameswood site) currently employs two SCE Lifeworks supported individuals as housekeepers.

Their direct supervisor, Lorraine Franklin, has been an enormous support for both women, having made various accommodations to support their success.

For example, one woman required three buses to get to work, resulting in her arrival at work 45 minutes early. Lorraine made a schedule adjustment, so that the supported employee's work time coincided with her bus times.

Lorraine and her staff also demonstrated patience, understanding and a willingness

to tailor jobs to support her employees' success. In addition, program staff include the supported employees and their significant others at all of company parties. Both employees have been invited to attend parties at the work site on their days off.

One employee loves working with children. Accordingly, Lorraine framed her position so that the supported employee can both work in the vicinity of the children, as well as spend time with them after her work is completed.

Lorraine and the other daycare staff play key roles in the success of the supported employees. Lorraine is willing to sit down with each employee to discuss issues or concerns.

She provides each employee with the emotional support and direction required to ensure they succeed.

Lorraine and her co-workers at Heritage Park Children's Program have truly embraced SCE Lifeworks supported employees as valued members of their team.

Congratulations to Heritage Park Children's Program (Jameswood) for setting a great example for other employers! 🎉

Recipient—Canada Safeway

Canada Safeway has a long-standing reputation for proactively cultivating a diverse workforce.

Over the years, they have welcomed many of the people we support into its workforce. Currently, Canada Safeway employs nine SCE LifeWorks supported individuals throughout the City of Winnipeg.

Canada Safeway's attributes

- Excellent natural supports offered by supervisors, as well as the meaningful engagement provided by co-workers, at the 3900 Grant Avenue store.
- Flexibility, high expectations and trust that supervisors and co-workers at 1615 Regent Avenue store provide to the supported employee.

- Responsibility given to the supported employee to train new workers by supervisors and management of the 1625 Kenaston store.
- Patience, positive feedback and constructive criticism provided by the supervisors and management of the 2860 Pembina Highway store.
- Extra effort made to communicate effectively, as well as the accommodations provided by the 594 Mountain Avenue store.
- The opportunities for employment provided by the 1612 Ness and the 2 Alpine Road stores.

These Winnipeg stores continue to truly demonstrate their commitment to having a diverse workforce. This kind of

commitment resides throughout the various organizational levels, from the Director of Human Resources for the region and store managers, to supervisors and coworkers. Collectively, they demonstrate leadership by recognizing the meaningful contributions that people with disabilities make to their business.

Congratulations to our Winnipeg partners at Canada Safeway! 🎉

2010 Employees of the Year

SCE LifeWorks honoured four employees with the 2010 Employee of the Year Award.

Typically, SCE LifeWorks only awards one employee with this special honour; however the following four staff members displayed exemplary performance, making them all worthy recipients of this recognition.

Congratulations!

Donovan Kroeker, Robyn Rempel-Carriere, Vivanne Bjorklund and Angie Dickson 🌟

Employment Partnerships

As a person centric organization, SCE LifeWorks continues to match an employee's interests, experience and personality to the job and the work environment.

SCE LifeWorks staff invests much time in getting to know the individuals we support, pride ourselves on our flexible and innovative methods and work closely with employers to develop a plan that best meets both their needs and those of the supported individual. At SCE LifeWorks, we are proud of our current paid employment partnerships.

Here are just a few of our current employer partnerships, where supported participants enjoy paid employment:

Agriculture and Agri-Food Canada	Manitoba Justice	Sturgeon Creek 1 Retirement Residence
Big Brothers Big Sisters	Montana's	The Gap (St. Vital Mall)
Burger King (1640 Main St.)	Old Navy Old Navy	Tim Hortons
Department of Finance	Pizza Hut	The Old House Revival
Extra Foods (St. Anne's)	Pollard Bank Note	True North Entertainment
Enterprise Rent-a-Car (King Edward)	Purolator Courier (shared work site)	(300 Portage Ave)
Foodfare (905 Portage)	St. James Assiniboia Heritage School-Jameswood School	Company
Globe General Agencies	Safeway (on Alpine)	Value Village
Holiday Inn West	Safeway (Madison Square)	Western Millworks
IGA	Safeway (1625 Kenaston Blvd.)	Zellers
Inner City Renovations	Safeway (3900 Grant)	7-11 (Henderson Highway) 🌟
Jameswood School	Safeway (840 Keewatin)	
LAUNCH-Live at Loblaw (19 Kayhans Dr.)	Salisbury House	
Manitoba Health	Selkirk Golf Course	
Manitoba Hydro	Sobey's (7 Reenders Dr.)	
	Stitches (Polo Park)	



OUR MISSION:

To support adults with intellectual disabilities to work and participate in the community.

OUR PHILOSOPHY:

Everyone deserves the opportunity to live and work in the community where they are respected and rewarded for their efforts, skills and accomplishments.

GET IN TOUCH WITH US

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